Exposed to Blood or Body Fluids in your work role at UI
(non-University of Iowa Hospitals and Clinics employees)

Wash/flush the exposed area
a. Blood on broken skin (cuts, scratches etc.): clean the wound with soap and water immediately.
b. Splashes: flush mucous membranes with clean water. For eye exposure: remove contacts, if present and flush eyes using an eye wash station for a minimum of 5 minutes. If unsure where to find an eye wash station, start flushing with tap water or sterile eye irritant immediately for 5 minutes while an eye wash station is located.

Inform your supervisor

Get Medical Care at:
University Employee Health Clinic (UEHC) between 7:00am-4:30pm, Monday through Friday, excluding holidays.
Location: General Hospital, first floor Boyd Tower near Elevator A. Phone 356-3631
OR
University of Iowa Hospitals and Clinics Emergency Treatment Center when UEHC is closed.

Complete the First Report of Injury form on the UI Employee Self Serve
Go to the Employee Self-Service website (same site you use to view paycheck):
b. Log in using your Hawk ID and Password.
c. Go to Personal Tab – Benefits section, click “Workers Compensation — First Report of Injury” link, and follow the directions to complete the form.
d. Click “Submit” at the end of the form.