TO: Students receiving immunotherapy at Student Health & Wellness

FROM: Renee Nydegger, M.D.
Supervising Allergy Staff Physician

RE: Epi Pen Requirements

To be consistent with the UIHC Allergy Clinic policy and at the recommendation of the American Academy of Allergy Asthma and Immunotherapy, Student Health & Wellness is requiring all students receiving immunotherapy here to carry an Epi-Pen on the day of allergy extract administration. This policy is being implemented to protect our patients in the rare event of a delayed severe/systemic reaction occurring after you have already left our clinic.

You will be required to show the Epi-Pen to the allergy nurse prior to receiving your shot(s). If you do not have your Epi-Pen with you, you will need to reschedule your appointment. If you do not currently have an Epi-Pen, a prescription and education in its use will be provided to you.

Please contact me or any of the allergy nurses if you have questions regarding this.