

**Student Health Service**

4189 Westlawn
Iowa City, Iowa 52242-1100
319-335-8392 Fax 319-335-8249
<http://studenthealth.uiowa.edu>

Important Health Information for New Students

As a public health measure, and in accordance with the Centers for Disease Control guidelines, The University of Iowa requires verification of measles, mumps, rubella (MMR) immunization for all students born after December 31, 1956. Our MMR immunization policy appears on the back of this letter.

Enclosed is a Medical History form.

- New students are required to complete and file the **Immunization Form** before the opening of classes. Students who fail to comply will not be allowed to register for subsequent sessions.
- It is to your advantage to fill out the entire Medical History form (including all immunization information) in case you need to avail yourself of our services during the course of your college career.
- If you have a health problem or disability, please ask your physician to send us any information which may be of assistance in providing care to you.

Students who plan to enroll in the health sciences curricula are required to have a physical examination and more extensive immunizations. Health Science students will be contacted by their respective departments regarding these procedures.

Please contact our office if you have any questions or if we can be of further service.

Ann Laros, M.D.
Interim Medical Director

Lisa James, RN, MSN
Interim Administrative Director

Measles, Mumps, Rubella (MMR) Immunization Policy

THE UNIVERSITY OF IOWA

Immunization to measles, mumps, and rubella (MMR) is a requirement for registration. To comply, complete the immunization section of the enclosed Medical History form and return it to the University Student Health Service (or forward a signed photocopy of your immunization record) by the opening of classes. Students who do not comply by that date will not be permitted to register for subsequent sessions.

The MMR immunization requirement is fulfilled if you meet one of the following criteria:

- Were born before 1957; **OR**
- Received two doses of MMR vaccine. The first must be after your 1st birthday and in 1969 or later. The second is usually given at 4-6 years of age but must be at least 28 days after your first immunization. (For a fee, you may get your vaccinations at the Student Health Service) **OR**
- Have copies of MMR titres that verify immunity to these diseases.

Exemption from immunization will be permitted for the following persons:

- Those for whom immunization is contraindicated. Contraindications include severe allergy to eggs or a drug called neomycin; presence of cancer, leukemia, or lymphoma; presence of chronic disease which lowers your resistance to infection; taking cortisone, prednisone, or anticancer drugs; or having received gamma globulin within the preceding three months. A health care provider must validate any contraindication.
- Women who know or suspect they are pregnant.
- Those seeking exemption because of religious persuasion. Contact the Student Health Service about the appropriate documentation.

Please complete your Medical History form and return it promptly to:

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