Requirements for Health Science Students

All health science students must meet the following health requirements. Requirements with ** have additional information about upcoming changes effective at the start of your program (summer or fall) in 2016. Students are encouraged to meet the new standards as soon as possible.

**MMR (measles, mumps, rubella)**: (2) vaccines or positive antibody titres (blood tests) of all three diseases. (2) doses of each of the single component vaccines are acceptable. The first MMR must be given after the first birthday to be valid, and the MMR vaccines must be at least 28 days apart. For health science students, there is no age exemption for MMR.

**Hepatitis B**: (3) vaccine series, completed at the appropriate intervals, followed by antibody titre 4-8 weeks after third vaccine. The titre is REQUIRED, even if series was completed as a child. If antibody titre is negative, follow the algorithm form on our website for boosters and re-checking titre. It can be found on our Requirements & Forms page, in the Health Science Students section.

**Varicella (chicken pox)**: (2) vaccines or positive antibody titre. Currently accept report of disease history. This will no longer be accepted in 2016. If you had varicella as a child, you must have a titre to document immunity.

**Tetanus/diphtheria/pertussis**: (1) Td (tetanus/diphtheria) at least every 10 years. Starting fall 2016, must have documentation of (1) Tdap (Tetanus, diphtheria, pertussis) vaccine.

**TB (Tuberculosis) screening**: In 2016, a two-step TB skin test (TST) or the blood test- IGRA (Interferon Gamma Release Assay- Quantiferon Gold or T-Spot) is required at the start of your program.

- If you have never had any TB skin testing, the two-step TST is done as follows: The first test is placed, and results are read in 48-72 hrs. The second test is placed at least 7 days after the reading of the first test, and read at 48-72 hrs. Send documentation of both tests, and include placement date, reading date, result and mm induration.
- If you have documentation of (1) negative TST in the past 12 months, or documentation of (2) negative TSTs in your past, you only need one more TST to meet the two-step requirement.

A TST or IGRA is also required annually.

Those with a history of a positive TST or IGRA must provide a copy of the CXR (Chest x-ray) report. If treated for LTBI (Latent TB Infection), provide medication treatment dates. Students with a history of a positive TST are also required to complete a symptom assessment initially and annually. The TB Assessment Form is on our Requirements & Forms page, in the Health Science Students section.
**Health Screening:** Complete the Health Screening form once upon entry to the Health Science program. Can be signed by RN, MD, DO, PA, ARNP. The form is on our [Requirements & Forms page](#), in the Health Science Students section.

Other vaccines recommended by the CDC/ACIP and Student Health & Wellness:

- **Meningitis:** if initial vaccination was given before age 16, a booster is recommended
- **Influenza:** many rotation sites and hospitals require this annually
- **Hepatitis A:** (2) vaccine series
- **HPV** (human papilloma virus): (3)-vaccine series for males and females up to age 26