



Student Health & Wellness
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Health Information for New Students

Welcome to the University of Iowa!

Student Health & Wellness (SHW) is a full service campus health clinic that provides primary medical care, acute illness and chronic disease management, women's health and mental health services, as well as wellness, sexual health, nutrition, travel, allergy injections and immunizations. We are an appointment based clinic, and we are located on the west side of campus, in the Westlawn Building. On the east campus, students can visit our Wellness staff at the Campus Recreation and Wellness Center (CRWC). We also have an RN-staffed Clinical Outreach vaccination clinic in the lower level of the IMU, where no appointment is needed for any recommended vaccinations or those needed for health requirements. Students who register for five or more semester hours of credit are automatically assessed a health fee, which entitles you to free office visits and many services at no cost. Any charges that are incurred for immunizations, lab tests, or other exams can be submitted directly to your insurance, or charges can be paid by cash or u-bill.

We pride ourselves in being experts in college health, and we hope you take advantage of our services while you are here at Iowa! We understand the importance of our work to YOUR success-keeping you healthy and providing education and resources for you to incorporate healthy habits into your future.

An important action for you to take is to review your immunization history and make sure you have received the required and recommended vaccinations before you arrive on campus. **The UI requires proof of (2) Measles, Mumps, Rubella (MMR) vaccinations upon entry.** These are generally childhood vaccinations. The first MMR must be given after your first birthday, and the two doses must be at least 28 days apart. Positive antibody titers of these three diseases are acceptable in lieu of vaccination dates. Check with your health care provider, health department, or your high school for these records.

Note that we have a **NEW REQUIRED form** to submit your immunizations. You can find this form on the [Requirements & Forms page](#). This form is processed electronically, so we will no longer accept copies of vaccination records from schools, doctor's offices, health departments. You must type information into this form and submit it to your healthcare provider for validation/signature. Don't forget to attach lab reports of your titers if you have those. Submit the records before the start of classes if possible. You will not be allowed to register for subsequent semesters if we do not have your MMR and other documentation. You will be able to see on MyUI what SHW has on file for you.

Many vaccines are recommended for college students. These include Varicella (Chicken Pox), Tetanus/Diphtheria/Pertussis (Tdap), Human Papilloma Virus (HPV), Meningitis (MCV4), Hepatitis B, and Hepatitis A, in addition to an annual influenza vaccine. All of these vaccines

are available at SHW for a fee. If a vaccine series is started at home, we can finish it for you at SHW. We appreciate getting your full immunization record of all childhood vaccinations, so that we can enter them in your electronic medical record. This will also give you access to your immunization records through MyChart in the future, when you need them for academic programs, employment, or foreign travel.

If you are a minor student (under 18) be sure to send in the needed consent forms signed by you parent or guardian, for permission to treat you and bill your insurance. You can find those form on the [Requirements & Forms page](#) on our website, under the Minor Students (Under age 18) section. If you have any questions about immunizations or your records, feel free to email us at immunizations@healthcare.uiowa.edu.

We look forward to working with you during your time at Iowa and we encourage you to let us know how we can help.

Have a great first year!

Sincerely,

Jim Kellogg
Director, UI Student Health & Wellness