

## **ADHD Information at the University of Iowa Student Health**

### **ADHD is treated by the psychiatric team at UI Student Health, utilizing the following policy:**

- If you are currently diagnosed and treated for ADHD, we must review your treatment records prior to providing medications.
- If you have never been diagnosed, you must complete a full clinical work up including evaluation and psychological testing.
- As a part of treatment of ADHD at Student Health, students must complete psychological testing.

### **If you have already been diagnosed and treated for ADHD and would like to transfer your care to UI Student Health:**

1. Request that your treatment provider complete the ADHD Transfer of Care Form
2. Request that your treatment provider send your ADHD treatment records to Student Health
3. Request that your psychologist send your formal psychological and educational testing records to Student Health

This information can be sent via fax or email:

Student Health Fax: 319-335-7247

Email: [student-health@uiowa.edu](mailto:student-health@uiowa.edu)

- It may take 2-4 weeks for these records to be received and then they will be reviewed.
- Once these records have been reviewed, you will be notified if any further information is needed.
- If your records are complete, you will be notified to make an appointment with a psychiatric provider at UI Student Health for further evaluation and treatment.
- Make sure to work with your current provider to have an adequate supply of your medication during this process.

If you are already being prescribed ADHD medications by a provider at home, consider asking if they would be willing to continue to manage the medication if you schedule visits when you are home during breaks.

**If you have had psychological testing, but have not been treated for ADHD:**

Send your testing records to Student Health via fax or email. You may send a personal copy of your testing or ask that your psychologist send testing records to Student Health. Once testing records are received, they will be reviewed, and you will be contacted to make an appointment for clinical evaluation with a psychiatric provider at UI Student Health.

**If you are wondering if you have ADHD, but have never been evaluated:**

If you have not been previously diagnosed with ADHD then you should first arrange to have an evaluation with a psychologist in the community, who has experience in diagnosing and testing for attention deficit disorder. We do not do testing for ADHD at Student Health. Talk with your insurance company regarding psychologists that may be covered by your insurance.

**Documents can be sent to:**

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- Email: [student-health@uiowa.edu](mailto:student-health@uiowa.edu)

**Call us at Student Health with any questions regarding testing options for ADHD, transfer of care, prescriptions, or other concerns, at: 319-353-5766**