

UI Health Requirement Email

We are emailing students who seem to be missing required health requirements so that you can take care of them before you begin planning your class registration and meeting with your advisor.

If you got an email from us, find your classification below and review for more details on what you might be missing. See our [Forms page](#) on the website for a description of requirements for each classification.

If you have any questions, email us at student-immunizations@uiowa.edu

Undergraduate or graduate students:

We probably don't have a valid record of your receiving the **required (2) Measles, Mumps & Rubella vaccines**. These are usually childhood vaccines and can often be found on school records, health department databases, or your medical record.

- The first MMR vaccine must occur on or after your first birthday ([per CDC](#)).
- There must be 28 days between MMR vaccines.
- In general, students who have MMRs as a requirement should use Med+Proctor to upload immunization records. See the [Forms page on our website](#) for more details on how to set up an account.

If you discover that you have only had 1 MMR, your MMR(s) on record do not meet the requirements above or you have no records, you will need to get vaccinated unless you have a valid medical or religious exemption form on file. You could consider getting titers (a blood sample to check levels of antibodies) but these are costly, and you might end up needing vaccines anyway, at additional cost, if any of the three titers shows you are non-immune.

International students:

We may need to conduct an in-person **Tuberculosis Screening (IGRA blood test)** with you and/or we do not have a valid record of your receiving the **required 2 Measles, Mumps & Rubella vaccines** (see above information about MMRs). Note that the Tuberculosis Screening IGRA blood test can take several days to return results, so do not wait until the day before you register- you will be delayed.

Health Science Students:

The following programs have additional health requirements due to their course of study and interaction with patients/clients: Medical, Nursing, Dental, Physical Therapy, Pharmacy, Physician Assistant, Radiation Science, Athletic Training and Speech Pathology. Common health requirements that are missing are: the two-step TB skin test, the hepatitis B titer (you need to have a positive antibody blood test in addition to vaccines), health screen form, and updated tetanus/diphtheria.

How do I submit missing vaccine records or test results documentation?

If you are NOT a health science student and just need to send MMR records, [use Med+Proctor](#) to upload your records.

If you are a health science student, send records/scans of documentation with your name and student ID number visible to: student-immunizations@uiowa.edu

What if I need to have vaccines, tests or a Tuberculosis Screening performed, because I have not had them or cannot find documentation in my health records?

Call Student Health at 319-335-8394 for an appointment in the Nurse Care Room in the Westlawn clinic. If you prefer, you can walk in without an appointment to our IMU Nurse Care Clinic, G-103 IMU. See hours posted on the website. Please note that at the IMU, Tuberculosis Screening must be completed by 12:30 PM, and hepatitis B titers must be completed by 4:00pm in order to reach the lab in time for processing.